



Echo Cougar Times

Volume 2, Issue 4

February 2006

Echo eats breakfast in classrooms

By Lucia Mendez, *staff writer*

Beginning January 17, 2006 Echo School began serving breakfast in class because the school wants to make sure that all students have the opportunity to eat a healthy breakfast every morning.

Studies show that eating a healthy breakfast is a major contributor to academic success.

Some students think it's a great idea to have breakfast in class. "I like eating breakfast in class because I don't have to rush to finish my food and get to class on time," said Alyssa Scott.

Megan and Michelle Mavis both said, "We think it's a great idea because we get to sleep longer since we don't have to come to school until 7:45am."

But there were also some students who do not

really agree with the whole breakfast in class program.

Jimmy Primmer said, "I think it's an absolutely terrible idea because your supposed to eat food in the cafeteria where it belongs, not in a classroom where you have to be doing work instead of wasting time eating and losing time to be doing assignments."

Also some teachers in the Elementary are hesitant about this new pro-

gram because they say that the children are going to spill milk on the floor and be making messes, a concern especially for the kindergarten.

The hope remains, however, that this program will succeed and that everyone involved will enjoy it and find it beneficial.



5th graders organize talent show to benefit Katrina victims

By Hilary Cisneros, *staff writer*

The 5th grade class is going to be putting on a talent show which will be held on February 15th at 6:30 pm in the Commons area. There will be a variety of performances by people from Echo. Miss. Zolotoff will be singing a song and Marisa Ohmiya will be playing the piano. Hispanic dancers will also be coming in from Stanfield.

The whole idea was started when five girls from the 5th grade class, Katelyn Elligsen, Shelly Hilliard, Lo-

rena Ambriz, Evangalyn Marcum, and Jessica Alaniz, heard about how much trouble the victims of hurricane Katrina were having and thought that they could lend a helping hand.

They went and talked to Roxie Jackson to see if she could help out. Roxie thought the whole thing was a great idea and immediately agreed. "We came up with this idea at the end of November," said Shelly Hilliard. Four of the five girls also auditioned for the talent show. "We all helped out at the auditions," said Katelyn Elligsen. "There were many

people who showed up at the auditions," said Lorena Ambriz. "I think that the talent show is going to be good," said Jessica Alaniz.

There will be a one dollar admission charge, with additional donations accepted; all the money earned will be going to the Katrina victims. There will also be refreshments available.

Mr. Waite added, "I think that it is a great idea that the 5th grade class wants to put on a talent show to help out all the hurricane Katrina victims." Good luck to the 5th grade, and please come support them in their efforts.

Zita honored in Good to Great spotlight

By Ruth Rodrigez, *staff writer*

This month's Good to Great Spotlight is on C.J Zita. He is a great student, and a great athlete. The son of Jan and Chris Zita, C.J has been coming to Echo School since kindergarten.

"C.J has been my friend since forever, since 6th grade he's been overly smart," says Danyelle Myers. Now he is a junior and plays football, basketball, and he does track.

"He is a nice, outgoing person," says Lucia Mendez. C.J enjoys all classes; the teachers make all of the

classes' fun for him. Not only that, but, "The new school has made the school year a really fun one and will continue to be fun," C.J says.

When he isn't in school, he works with his grandpa on his farm. He enjoys playing sports, hunting, fishing, and hanging out with his friends. While playing in a basketball tournament at Wallowa against the team Elgin, during the fourth quarter, 40 seconds to go, C.J. jumped up in the air for the ball and landed on another player's foot.

Unfortunately, C.J twisted his ankle and got a third-class sprain, the most severe. Now he waits for his

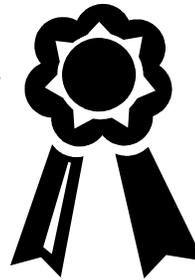
injury to heal.

Still, that doesn't seem to keep him down and away from what he enjoys. "C.J is cool! And the lead singer of our band. He gets good grades and is a good friend," says Klinton Mathers.

Mr. Wolfgram says "C.J has a very high energy level which serves him well in both classes and school activities."

Mr. Estrada adds, "C.J is a very studious and hard worker. He tries hard to get a good grade, but as an individual he very humorous and entertaining."

Congratulations, C.J.



Girls' basketball teams optimistic about coaches, future

By Taylor Mize, *staff writer*

The girl's basketball team has been doing well this year: this is the thought of many Echo Cougars. But just what does the head coach think?

Mr. Bacon just became the high school girls' head coach, with a new assistant coach joining him, Coach Emily Key. Together they make an awesome team according to Coach Bacon. When asked if the team would have a chance to go to Districts this year, he said, "Yeah, we are fighting for third place in districts."

When asked how the girls were doing, Bacon said, "The girls are becoming much better, and they played the best game against Ione."

Coach Bacon also had some words to say about assistant Coach Key. "Yeah, Key is a great coach, and the girls really like her because she keeps me in line and calm. I think we make a good team."

Some of you may know Megan Williams: she is the only freshman on the girls' varsity team. She also plays junior varsity. In varsity, she plays wing, and in junior varsity, she plays point guard. Megan also had some words on the

girls' team. "Yeah, so I think we're doing well, and we're improving, and I really like basketball, it's my favorite sport. I also like Coach Key because she keeps Coach Bacon calm. But I hate the defensive slide drills and lines! I do like the two on two and the games! They're fun!"

The junior high girls' team is also a great team. There are many great competitors on this team, and some were more than happy to be interviewed. Six young ladies were interviewed: 8th graders Sara Reese, Elizabeth Ferge, Stephanie Manson, and 7th graders Lauren Elligsen, Taylor Tarvin, and Amanda Lancaster.

The 8th graders enjoy basketball a lot but hate the running, except Elizabeth Ferge who seemed to like running. Stephanie Manson and Sara Reese both enjoyed basketball because you can be more aggressive, but Elizabeth did not agree with that.

They also enjoy being able to get out of school. As for the 7th graders, they agreed more on their likes and dislikes than the 8th graders.

The 7th graders agreed that running and referees were not fun. "Practice is all right," said Lauren Ellison. Taylor Tarvin added, "Helix is the hardest competitor that we have had all year." Good luck to all the Lady Cougars playing basketball this season.



Spanish Club plans trip to Portland

By Haley Surber, *staff writer*

The Spanish Club and high school Spanish class will be making a trip to the Metropolis of Portland.

The date is undecided, but it will be somewhere near the end of February or the beginning of March. While in Portland, the students will be visiting Portland State University.

They will also be taking a tour of downtown Portland, and if they have time, they will visit Lloyd Center mall.

The students will be going to different historical buildings, with one of these building being, McMenamins

Edgefield. McMenamins is a company that buys old buildings then turns them into restaurants, hotels, bars, and sometimes even movie theatres. Inside these restaurants there is also a wide variety of artwork, some are old and some new.

For lunch, the students will be eating at a Mexican restaurant, and for dinner they will be at a Spanish restaurant. Mr. Estrada says, "The students will learn that there are no nachos served at the Spanish restaurant." The students will also learn to dance the salsa at the restaurant Fernando's Hide Away

Mr. Estrada believes this will be a real "eye-opener" for the students because in addition to learning about

different Latin cultures, they will get to see how wealthy, average, and homeless people go about their everyday lives in and around Portland.

To go on this trip students have to be in high school and must be in Spanish or members of the Spanish Club. Also students must have good grades, no Friday schools, and have not been suspended.

Students must pay their own way, and they have started fundraisers to help pay for the trip, since they will be staying overnight in Portland.

So please support the Spanish class and the Spanish Club on any fundraiser they do so that everyone who wants to go has the opportunity.



Sadie Hawkins comes to Echo High School

By Marisa Ohmiya, *staff writer*

On December 19, 2005, Echo High School had a Sadie Hawkin's dance, put on by the Freshmen class. The Commons, which is where we had Sadie's, was decorated with Christmas decorations and balloons.

I asked freshman Lindzey Ramos what she thought of Sadie's and the decorations. She said, "That was fun. A lot of freshmen were there. Our decorations were so much better than Homecoming's decorations.

It took a forever to attach the lights!!" The lighting effects were achieved by making a lot of holes in some black paper and putting the lights in the holes.

Fellow Freshman Jack Taylor said, "It was a lot of fun and everyone that came there had a lot of fun!!" When asked how was Sadie's, Sophomore Kayla Ruiz said, "That was so much fun."

Junior Deseré Naugher said, "It was O.K, but actually we needed some more people over there." Most people did seem to be having fun during fast dances—jumping, hopping, singing. Seems really fun! During slow dances, they were also having fun.

Freshman Laci Srofe said, "Yeah, we were having fun!!" Junior C.J Zita

and Rachael Jackson also said that they were having fun during the dance.

All in all, it appears that the slightly-delayed Sadie Hawkin's dance was a success for those who were there.



Dogs play basketball too

By Michael Grosvenor, *staff writer*

The Echo boys basketball team—they're playing hard and so are the dogs. The dogs played hard because they came in late to the game.

The reason the referees would not let the dogs play was because they sadly did not have their jerseys or their shoes.

But luckily the

players also played hard, always have their jersey's and shoes, and they are never late to any of their games.

They play so hard, and sometimes it does not always work out the way they thought it would, but they keep their heads up and win the next game.

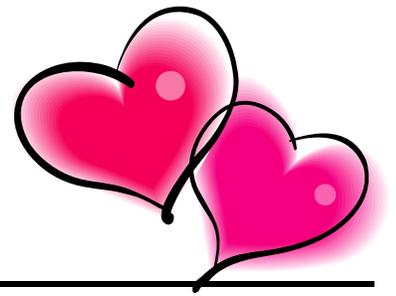
The boys' next game is Friday, February 3, 2006 at 7:30 in the evening.

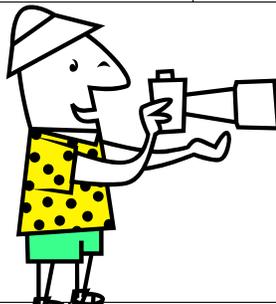
Come and support your Echo High School boys' and girls' basketball teams.



Echo Schools Activity Calendar

February 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Office: 541-376-8436 For homework and schedules			1	2	3 <i>HSBB Condon 3:30</i>	4		
5	6 <i>PTA mtg 7 pm</i>	7 <i>QB Club mtg @ 6am HSBB</i>	8	9 <i>JHGB @ Pendleton 3:00</i>		11 <i>JHGB @ 9:00 HSBB @ Cascade</i>		
12	13	14 	15 <i>JHGB @ 4:00 Talent Show 6:30</i>	16	17	18		
19	20 <i>NO School Presidents Day</i>	21	22	23	24	25		
26	27 <i>TSA Con- test</i>	28 <i>Student of the Month Assembly 1:45 elem 2:45 HS</i>					Class Picture Day Wednesday March 1st	