



Echo Cougar Times

VOLUME 2 ISSUE 1

OCTOBER 2005

High school student in the spotlight

By Hilary Cisneros, *Staff Writer*

*Right now school comes first, then volleyball, and then work.
~Kaylyn Bloom*

This year there is going to be a “Good to Great” spotlight. The “Good to Great” spotlight is when someone does something to make the school go from good to great, or when someone does something that they should be recognized for like senior projects, good grades, or achievements in sports.

This month the spot light is on Kaylyn Bloom. She is in the spot light because some people have noticed that she is always pushing her self to get good grades and to always do her best in sports. “I think it is pretty cool that I was picked to be in the spot light because I never get recog-

nized for anything,” said Kaylyn.

Her parents are always pushing her to get good grades. Outside of school Kaylyn plays volleyball, basketball, and she works. “Right now school comes first, then volleyball, and then work,” says Kaylyn.

Miss Martin, the assistant volleyball coach, says that Kaylyn is doing well. “It is early in the season, but we are expecting things to come from her. She is tall, so she can block well and hit the ball well. She also has good passes.”

Mr. Cox says “Kaylyn

always strives to get good grades, she will ask good questions and she studies hard. I expect Kaylyn to do really well this year.”

Mr. Hall adds that Kaylyn is an excellent achiever which allows her to be successful in whatever she does, and she is a pleasant student to work with. She has an excellent work ethic that will allow her to succeed in whatever she wishes.

Congratulations to Kaylyn, our “Good to Great” spotlight student for the month of October.



Football goes up a notch

By Michael Grosvenor, *Staff Writer*

The Echo High School football coaches and some of the senior players have predictions for the season this year.

Coach Stewart explains, “Well, I think that it is going to be a good year. We have a lot of new players, and I think we are going to do very well if we just keep playing hard, having fun and doing

what we do best and that is playing football.”

According to one of the senior players, Ruben Harris, who plays fullback and guard, “Well, we’ve got a lot of new players—more than we did last year. Last year we only had 9 players, and this year we have doubled that amount. Now we can do scrimmages and play more people this year. I think we are a strong team and will do well if we play hard and get it

done.”

All of the seniors all had the same answer: they all think the team is going to blow people out of their seats when the season hits because Echo is going to be one tough team to beat.

The football team plans to go to State this year—we just need to keep our heads in the right place and just keep playing hard.



Ladies begin volleyball season

By: Ruth Rodriguez, *Staff Writer*

Volleyball has started and the girls are excited! On Friday, September 2nd, the volleyball players had their first Junior Varsity and Varsity games against the Pendleton Freshman and J/V. Unfortunately they lost both of their matches.

"I think the tournament people stepped up. Kim Manson had some awesome blocks," says Hilary Cisneros. Marisa Ohmiya says, "My first volleyball game was exciting." They played once more on

that Saturday and won three out of six games. "I think our volleyball team is going far this year. We're getting more experienced," says Ana Ambriz.

On September 10th they played once more in a tournament and the Varsity lost all three games. Rebecca Reese remains positive and says, "I think our team is very good this year and we're going all the way!"

"I think we're playing well. As a team we'll be a strong competitor all season," says Rebecca Ferge.

"We're seeing some good things and we're looking forward to a great season. We have a lot of kids who are working very hard to reach the same goals. We appreciate all of the support of the community and school and hope it continues to grow," says Ms. Martin.

On September 15th the volleyball girls had another game this time against Cascade Locks, and the Varsity won three out of five games. "It was a fun game!" says Hilary Cisneros.

Cheerleaders make a comeback

By Danyelle Myers, *Staff Writer*

Last year the sports teams of Echo High School had no cheerleaders to support them throughout the entire year. Their presence was undoubtedly missed. However, that is not the case anymore.

The cheerleading squad has made a comeback and is starting out strong with a total of 5 girls for the football season and possibly more for basketball.

The squad includes juniors Deseré Naugher, Amanda Mathers, Danyelle Myers, sophomore Katilyn Jordan, and freshman Ashlee Hodgen.

And where would a cheering squad be without the guidance of their advisor? In this case, nowhere. It was brave of Amanda's mother Timmi to step up and accept the role of advisor. Without her, there

would be no cheering squad.

Overall the cheerleaders themselves are very excited for the upcoming year. Amanda Mathers commented that "I'm very excited. And we've got a good squad this year. I'm very proud that my mom stepped up and became advisor."

Cheering for games may be a new experience for some of the girls, but for Deseré it is perfectly normal. She has already had prior experience as an Echo cheerleader and is ready to begin another year. "I want to help the school's spirit," Deseré said, "because in the past it hasn't been the best. And I hope to see everybody's faces at the football games!"

Thursday's football game was the first time the school had the excitement of the cheerleaders to encourage on our team in years. When asked how she thought the cheerleaders performed on Thursday, Ashlee Hodgen replied, "Awesome. We had fun and we did good on our cheers."

Bystander Chelsea Myers also commented on the energy of the cheer squad. "The cheerleaders were awesome. They really got the crowd pumped."

Meet the foreign exchange

students new to Echo High

By Chelsea Myers, *Staff Writer*

With our new school and new students, things are very different from last year. We even have three new foreign exchange students. Li Qiao is from China, and Marisa Ohmiya and Ryuko Fujita are from Japan.

They came to the U.S. for a new learning experience. And so far they seem to be adjusting well and making friends. The U.S. wasn't exactly what they were expecting though.

They knew the food was definitely going to be different. One student thought that fast food was all Americans eat. Another said that there are too many different kinds for her. They also seemed surprised with how independent and open-minded we are.

Our schools are also different. For instance, their schools are

bigger than ours. At one student's school, the students only had one classroom. The teachers were the ones moving class to class.

Each student had individual desks and spots. Also, they weren't permitted to choose their own classes. Then, in their cafeteria, the students choose from menus.

The hosts are also very excited to have them. They are learning new and interesting things every day about food, language and heritage. The Ebys are hosting Marisa and the Billing's are hosting Li and Ryuko. They are having a great time with their new guests.

This learning experience isn't only for them though. Our students will definitely learn a few things from the three girls as well this year. We are lucky and happy to have them at Echo High.

Editor's note: At the time of publication, Li Qiao had just transferred to Stanfield High School.



Seniors ahead in pep-assembly and score first Homecoming points

By Brittany Richter, *Staff Writer*

The first pep assembly of the school year went well with our new cheerleaders Danyelle Myers, Deseré Naugher, Ashlee Hodgen, Katilyn Jordan, and Amanda Mathers. They cheered for our school with a ray of school spirit. Everybody in the stands cheered for the kick, punt, and throw competition between the freshmen, sophomores, juniors, and seniors.

During this competition all the high school students stood up and cheered for their class to get more yardage than all the other

students.

The seniors won the pep assembly contest with the kick, punt, and throw against the high school and staff. Some of the teachers participated in kicking, throwing, and punting contest. The cheerleaders chanted and everybody helped them. Later all the students sang the Cougar fight song in a big circle around the cheerleaders. They had the whole school singing.

“The cheerleaders were the best part about the pep assembly by far,” says sophomore Chelsea Myers, a sister of cheerleader Danyelle Myers.

“I thought that watching everybody try to kick, punt, and throw the ball was the best part of the pep assembly,” adds sophomore Taylor McKenzie.

Many of the students enjoyed the pep assembly. The first pep assembly went well and most of the high school students had a great time. The next pep assembly is October 6th and will be run by the sophomores.



Homecoming is just around the corner

By Ana Ambriz, *Staff Writer*

Homecoming is the first dance of the school year. All of the seniors, juniors, sophomores have a “been there, done that” attitude, but the freshman always seem to get lost and wonder whether the boy or the girl asks the other person.

“I hope lot of people come and actually dance,” said Megan Williams. “I just want to go and have fun and dance with all of the senior guys” said Ashley Hogden.

The football team will be playing against Condon. Echo’s team has gotten a lot bigger and

their doing a lot better then last year.

“Last year we went to Condon and played a good game and came away with a victory. We are looking forward to playing them during homecoming and getting another victory. We have the players, we have the talent, we need to go and get the job done! Go Cougars!” said Mr. Cox.

The volleyball team will also be playing Condon. Last year they came really close to winning. This year they will be very successful. All of the girls are

really looking forward to this game.

Homecoming week will be the 17th of October through the 21st.



Last year homecoming was very extreme and wild. All of the high school students really get into the competition.

They all want to win spirit week so they have the reputation of winning. Last year’s sophomores won Spirit

Week, and this year the juniors are sure that they are going to win

once again.

Every class will choose a princess and later the high school will choose a queen. “I’m really excited to see who will be Homecoming Queen this year, seeing as how I was it last year. I hope that they will let me crown the new queen—that would be awesome,” said Danyelle Myers.

For the third year in a row, the ASB will be putting on the dance. It will be the Friday, the 21st of October from 9:30 pm to 12:30 am in the high school commons.

5th grade starts new class projects

By Taylor Mize, *Staff Writer*

Well, the start of the new school year is sure exciting for the 5th graders. The 5th grade class has many exciting projects. When I interviewed them they were in the middle of studying the human body. They started off by tracing an actual student and studying the body’s system. They will work on it for 2-3 days.

Another exciting project that the 5th graders are working on is the student store. The student store has been open since the second week of school and has been very successful. The student store has items for sale from \$0.05-\$1.00. They



sell mostly candy, very rarely do they sell liquids, and absolutely no gum is sold.

The last project is the recycling project. This project is based mainly on helping the earth. They are recycling cardboard, newspaper, aluminum, and bottles. They want to get tin from the cafeteria.

Alex Goldie is an excited, young fifth grader. This is what he said, “Tracing life sized bodies is boring. The student store is awesome. Recycling isn’t that fun but really good.”

Shelly Hilliard was an “enthusiastic” fifth grader. She said, “Life size is fun.....I guess. The best part of fifth grade is missing

P.E. for recycling.”

Dylan Enright stated that “Life sketches are a good experience.” Dylan explained that the money from the student store goes to OMSI. He also said that recycling is good and keeps the earth clean.

Mrs. Hampton, the 5th grade teacher, is very excited about the projects her students are doing. This is what she had to say, “Hopefully by recycling they’ll learn and recycle at home. Hopefully by this there will be less garbage.” This is what she had to say about the store, “As a teacher we wanted a way to reward our students.”

Anna Martinez was excited about the school year. This is what she said, “My favorite part of the store is the candy.” When I asked her if she liked the recycling project she said, “Yes I do.”

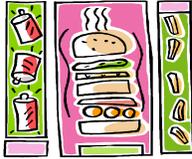
NATIONAL SCHOOL LUNCH WEEK

October 10-14

Tera and Kristi (the kitchen staff) along with STANDD TALL, would like to help students celebrate National School Lunch Week and the school's new kitchen/commons area.

To participate students just need to eat the school offered lunch every day of National School Lunch Week. The name of each participating student will be entered into a drawing for prizes that include a gift card, movie passes, and cash. There will be two drawings, one for the elementary and one for the junior high and high school students.

Bon Appetite!



National School Lunch Program Facts:

- More than 28 million children are served lunch every school day, in more than 99,000 schools. Approximately 95 percent of all elementary and secondary school students are enrolled in schools that participate in the NSLP.
- No super-sizing here. The meals served as part of the NSLP are provided in age-appropriate serving sizes – making schools some of the only places in the U.S. where you can purchase a meal with the recommended serving sizes.
- Studies have shown that, through the NSLP, children consume twice the servings of fruits and vegetables and greater amounts of grains and dairy than children who eat lunch brought from home or who leave school to eat lunch.



Bulk Permit #1
CAR Rt
Presort
Echo School Dist. #5R
Echo, OR 97826

HC 70

Echo, OR 97826